

Contents

Section 1

General Principles

How to Use This Book

Mark D. Miller, John M. MacKnight,

Jennifer A. Hart

Orthopaedic Terminology

Siobhan M. Statuta

Imaging of the Musculoskeletal System

Mark W. Anderson

Rehabilitation

Jeffrey G. Jenkins, Sara N. Raiser,

Justin L. Weppner

Special Populations: Geriatrics

Laurie Archbald-Pannone

Special Populations: Disabled

David Hryvniak, Jason Kirkbride

Special Populations: Pediatrics

Mark Rogers, Kevin Valvano

Special Populations: Obesity

Siobhan M. Statuta, Colton Wood

Special Populations: Comorbidities

Adam C. Fletcher

Special Populations: Female Athletes

Siobhan M. Statuta, Kelly E. Grob

Special Populations: Athletes

Jeremy Kent, Scott McAleer

Trauma: Principles of Fracture

Management

David J. Berkoff, Christopher Felton

Trauma: Compartment Syndrome

Stephen Shaheen, Jeffrey R. Bytowski

Trauma: Heterotopic Ossification and

Myositis Ossificans

Mario Ciocca

Arthritides

Adam Carlson

*Infections (Septic Joint, Septic Arthritis,
and Osteomyelitis)*

Joseph Armen, Evan Lutz

Neurovascular Disorders: Arterial

Conditions in Athletes

Mario Ciocca

Neurovascular Disorders:

Nerve Entrapment

Thomas E. Brickner

Osteoporosis and Osteopenia

John M. MacKnight

Tumors

Gregory F. Domson, Anna Greenwood

Pain Management: Acute Pain

Wesley W. Carr, Chester Buckenmaier III,

Francis O'Connor

Pain Management: Chronic Pain

Jillian Sylvester, Chester Buckenmaier III,

Francis O'Connor

Pain Management: Complex Regional

Pain Syndrome

Nathaniel S. Nye, Stephanie N. Lamb

Pain Management: Novel and

Alternative Therapies for Chronic Pain

Jeffrey Leggit, Caleb Dickison

Section 2

The Shoulder

Overview of the Shoulder

Robert J. Dimeff, Brian R. Kelly

Anterior Shoulder Instability

Lauren Nadkarni, Heather Gillespie,

William Dexter

Posterior Shoulder Instability

Mark Rogers, Nicholas Strasser

Multidirectional Shoulder Instability

Helen C. Lam, Christopher E. Jonas

The Overhead-Throwing Athlete

William Patterson, Sarah Hoffman,

William Dexter

Superior Labral Injuries

Brian Lowell, Kevin deWeber

Biceps Tendon Injury

Christopher Miles, Andrea Gist,

Nicholas Sgrignoli

Pectoralis Major Muscle Rupture

John V. Murphy, James Medure,

Aaron V. Mares

Shoulder Impingement Syndrome

Mark Rogers, Christina M. Wong

Rotator Cuff Tear

Jeremy Kent, Sergio Patton

Glenohumeral Disorders

Kelley Anderson, Joel Himes,

Melissa McLane

Adhesive Capsulitis (Frozen Shoulder)

John M. MacKnight

Acromioclavicular Joint Injuries

Adam C. Fletcher

Acromioclavicular Degenerative

Joint Disease

Thomas M. Howard

Contents

xiv

Acromioclavicular Osteolysis

Thomas M. Howard

Sternoclavicular Injuries

Thomas E. Brickner

Scapulothoracic Problems

Michael Argyle, Jon Umlauf, Anthony Beutler

Neurovascular Entrapment

Kate Quinn, James Alex, William Dexter

Proximal Humerus Fractures

Seth R. Yarboro, Michelle E. Kew

Humeral Shaft Fractures

Anthony J. Bell, Michelle E. Kew,

Seth R. Yarboro

Scapula Fractures

Seth R. Yarboro, Michelle E. Kew

Clavicle Fractures

Michael Hadeed, Stephen Brockmeier

Anterior Shoulder Relocation Technique

Victor Anciano Granadillo,

Stephen Brockmeier

Glenohumeral Joint Injection

Kelley Anderson, Joel Himes, Melissa McLane

Subacromial Injection

Jeanne Doperak, Shane Hennessy

Acromioclavicular Injection

Tenley Murphy, Patrick Jenkins III,

Christopher Miles

Ultrasound of the Shoulder Region

Jennifer Pierce

Section 3

The Elbow

Overview of the Elbow

Jennifer A. Hart

Chondral Injuries

Anthony J. Archual, Aaron M. Freilich

Osteoarthritis of the Elbow

Anthony J. Archual, Aaron M. Freilich

Tennis Elbow (Lateral Epicondylitis)

Matthew L. Lyons

Golfer's Elbow (Medial Epicondylitis)

Matthew L. Lyons

Distal Biceps Tendon Rupture

Matthew L. Lyons

Elbow Ligament Injuries

Jeffrey D. Boatright, D. Nicole Deal

Elbow Dislocations

Jeffrey D. Boatright, D. Nicole Deal

Olecranon Bursitis

Anthony J. Archual, Aaron M. Freilich

Ulnar Nerve Entrapment

Jeffrey D. Boatright, D. Nicole Deal

Fractures of the Distal Humerus

Rashard Dacus, Seth Bowman

Radial Head or Neck Fractures

Rashard Dacus, Seth Bowman

Proximal Ulna Fractures

Rashard Dacus, Seth Bowman

Radial and Ulnar Shaft Fractures

Rashard Dacus, Seth Bowman

Reduction of Elbow Dislocations

Rashard Dacus, Seth Bowman

Injection or Aspiration of

the Elbow Joint

Anthony J. Archual, Aaron M. Freilich

Lateral Epicondylitis (Tennis Elbow)

Injection

Matthew L. Lyons

Medial Epicondylitis (Golfer's Elbow)